

Application for Common Ground's Community Dharma Leadership Training

Name: _____

Month and Year of Birth: _____

Address (City/State/Zip): _____

Email address: _____

Phone number: _____

How do you identify your gender:

What pronouns do you use for yourself? :

Do you identify as Queer: _____

Do you identify as a Person of Color: _____

Are you a person living with a disability? : _____

How do you identify your cultural / racial /ethnic heritage / ancestry / background? :

Do you have any limitations related to physical ability, mobility, or other abilities? If so, what if any accommodations do you require?

Is there anything else you would like for us to know in reference to you and / or your identities?

Experience

EDUCATIONAL HISTORY (include schools, dates, majors, degrees, licenses & certificate programs):

WORK HISTORY: What kinds of jobs you have held? When?

MEDITATION RETREAT HISTORY: List dates (year only), length and kind of (e.g., vipassana, metta, concentration, etc.) residential retreat and/or training programs.

MEDITATION PRACTICE AND STUDY: List any other meditation practices or spiritual traditions that you have been or are currently involved with (i.e. Christian, 12 Step, etc.)

Describe any practice background in various yoga traditions, movement work, or martial arts.

What is your current daily/weekly spiritual/meditation practice? Please be specific.

Please list some of the teachers, books, movies, poetry that have had a major impact on your understanding of dharma.

Which teachers know you best? Are there teachers that you would recommend we consult with in regard to your practice? Please list phone numbers and email addresses for each teacher if you can.

What do you perceive to be your current strengths and weaknesses in regards to moving into the role of a dharma leader?

Assessment of Ability to Complete Training Program

If you are selected, are there any limitations that might prevent you from being able to participate fully in the program, e.g., physical, mental, economic, etc. If yes, please give the specifics of the limitation(s). The minimal expectation is that participants will participate in 11/12 training sessions and 11/12 small group sessions.

Have you ever had or been treated for a psychological condition such as depression, eating disorder, drug/alcohol addiction, etc.? Please specify condition(s) and date(s). Let us know if and how this has informed your relationship to the dharma.

Have you experienced any significant emotional, psychological or spiritual difficulty/trauma in your life that affected your ability to function? Let us know if and how this has informed your relationship to the dharma.

Other Experience and/or Training

Describe training or experience with creative endeavors, service work and/or volunteering.

Common Ground is committed to equity and inclusion. Please describe your experience related to multiculturalism, class, gender, sexual orientation, disability, etc.? (Please include an assessment of your strengths and weaknesses in relationship to this commitment.)

Are there any additional comments or information you would like to convey to the selection committee?

Additional Documents

AUTOBIOGRAPHICAL ESSAY:

Please attach a 2-3 page autobiographical essay about the sincere integration of the Buddha's teachings in your life. We welcome hearing about the challenges you have had to face and the aspirations you have for the future, including how this training fits into these. Please include any information about your personal history and/or commitment to the dharma that you want us to know but have not stated above.

LETTER OF RECOMMENDATION:

Please request 1 letter of recommendation from an insight meditation teacher (other than Mark Nunberg) or mentor in another field who can speak to your readiness for this dharma leadership training. They may email it to DLT@commongroundmeditation.org with the subject line "Letter of Recommendation for [Applicant's Name]."

PLEASE INITIAL AFTER READING:

I understand that by completing and submitting this application for the Community Dharma Leadership Program at Common Ground that there is no automatic acceptance and that I may or may not be offered a spot in the training. I understand that this is a program to prepare people to share their dharma practice in the world. It is not a training program to specifically train people to be Common Ground teachers, although some members of the cohort may end of teaching programs at Common Ground. How the benefits of this training manifest will be up to each individual. I also understand that participants must complete all criteria for certification.

COMMITMENT SIGNATURE:

I have answered all of the above questions truthfully. In signing this document, I agree that should I be accepted and decide to undertake this training, I commit to fully participating in the training program.

Signature

Date